

2020 Minority Mental Health Symposium program agenda

DRAFT

9:00am – Welcome and introductions/housekeeping (Kim Veira, Director of Programs and Joseph Arnold, CEO)

Introduction of Moderator, John Kennebrew: (Kim Veira)

9:15am- 10:15am- Introduction of Panelists: John Kennebrew/panel discussion

BREAK at 10:15am (no more than 5-minute lag) prepare to log into your specific workshops click the links as directed

10:30am –12:00pm-BREAKOUT SESSIONS (each will have a link to register and log in)

- 1. Workshop title: Trauma and Brain Science: Changing the Way we Work with Children and Families (1.5 ceus)**
Facilitator: Debra Ross-Georgia State University Professional Excellence Child Welfare Training Collaborative
- 2. Workshop title: Trauma during COVID-19 in Refugee Communities (1.5 ceus)**
Facilitator: S. Nyambura Kihato, MA, M.Ed, LPC, CCTP, Trauma Therapist at Positive Growth, Inc., Clarkston, GA
- 3. Workshop title: Identifying and Quantifying Interactive Layers of Trauma**
Facilitator: Dr. Yared Yalemu Ph.D

12:15noon -1:15pm -BREAK FOR LUNCH&LEARN SESSION (sponsor presentations and introductions 15-minutes) Emory University CRM presentation (45-minutes)

The lunch talk is based on the Community Resiliency Model (CRM) which trains community members to not only help themselves but to help others within their wider social network. The primary focus of this skills-based, stabilization program is to re-set the natural balance of the nervous system. CRM®'s goal is to help to create “trauma-informed” and “resiliency-focused” communities that share a common understanding of the impact of trauma and chronic stress on the nervous system and how resiliency can be restored or increased using this skills-based approach.

1:30pm – 3:00pm – BREAKOUT SESSIONS

- 1. Workshop title: Recognizing and Managing Secondary Traumatic Stress (1.5 ceus)**
Facilitator: Debra Ross-Georgia State University Professional Excellence Child Welfare Training Collaborative
- 2. Workshop title: Growing through Corona Times (1.5 ceus)**
Facilitator: Dr. Chanda Pilgrim, Ph.D
- 3. Workshop title: Resilience: The biology of stress and the science of hope. Documentary film and discussion**
Facilitators: Linda Grabbe, PhD, FNP-BC, PMHNP-BC, Emory University & Lisa Marie Walsh, MSN, APRN, FNP-BC, PMHNP-BC, Emory University
- 4. Parent and family workshop: providing info, resources and support: Dr. Asha Ahmed**

FINAL SESSION (participants will go back to the original link) I know I did not leave a break time.....

3:00pm – 3:30pm- Dana Evans, Clinical Director: Thank you and wrap up; links to community resources for families and professionals; current PGI services, outcomes and feedback, upcoming programs at PGI and access for CEUs and participation certificates and surveys. *** Please feel free to share any resources with us before hand so we can add them****